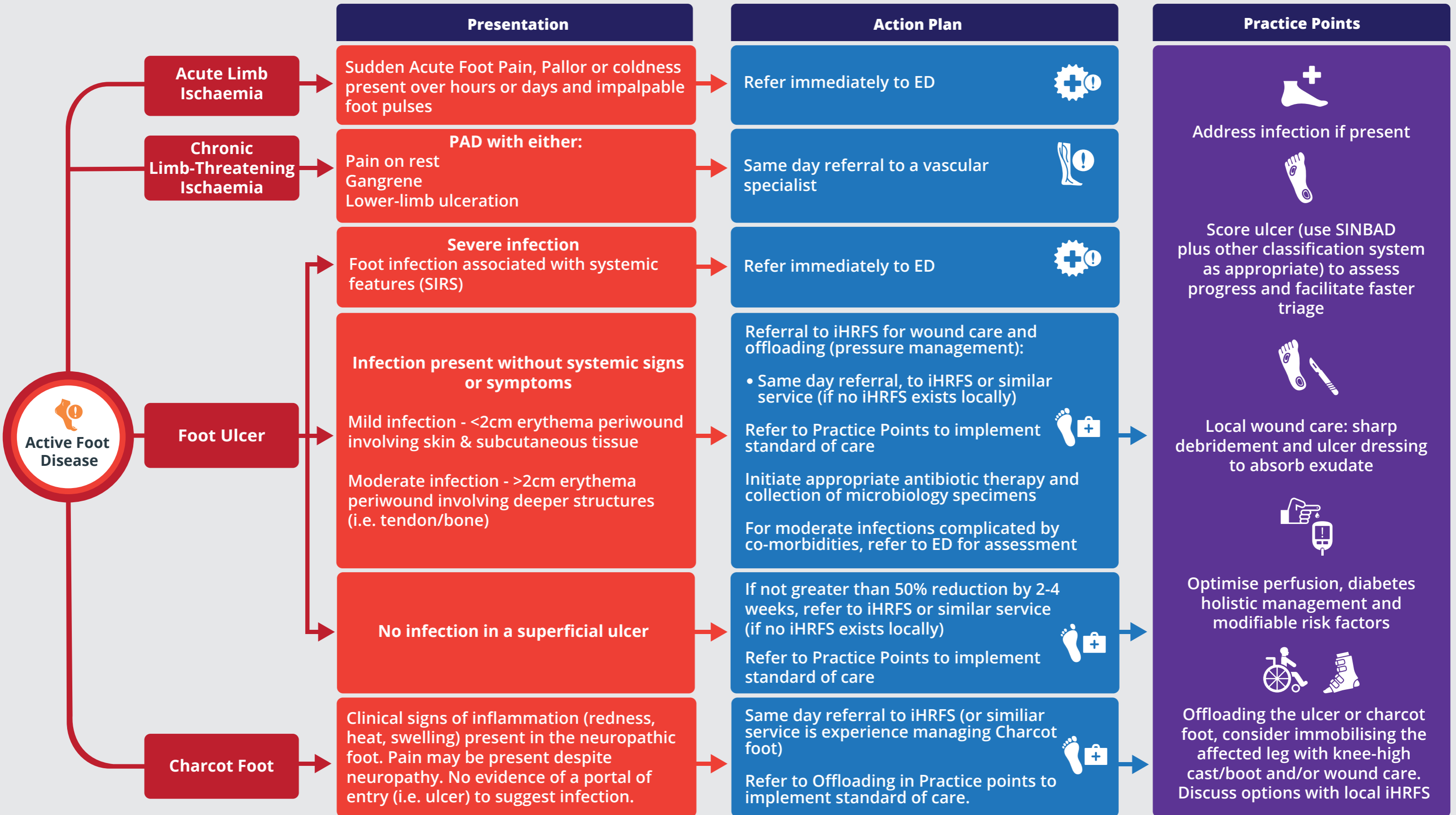


Active Foot Disease Pathway



Aboriginal and Torres Strait people are recognised as a high risk group for foot ulceration and amputation.

Advise all members of the healthcare team of any change in risk status

Active Foot Disease Pathway

Active foot disease

Foot complications as a result of diabetes significantly impact a person's quality of life and they are a significant burden to morbidity and mortality. Treatment delay is a risk factor for increased frequency of lower limb amputation and is associated with longer treatment time, increased wound size and worse outcomes.

Thus, in the presence of active foot disease it is incumbent on the primary care team to ensure timely referral to appropriate services, either interdisciplinary high-risk foot services, specialist vascular care, or in the most severe cases, hospitalisation.

Abbreviations

ED: Emergency department

iHRFS: Interdisciplinary High Risk Foot Service or Foot Clinic

LOPS: Loss of Protective Sensation

PAD: Peripheral Artery Disease

SINBAD: Site (Ulcer), Ischaemia, Neuropathy (LOPS), Bacterial infection, Area, Depth

SIRS: Systemic Inflammatory Response Syndrome (refer to local guidelines)

Definitions

Comorbidities: The presence of one or more additional conditions co-occurring with a primary disease. While many people with diabetes + foot infection may not require hospitalisation, comorbidities, such as renal failure or an immunocompromised state, may benefit from admission.

References

International Working Group Diabetic Foot Guidelines – 2019: <https://iwgdfguidelines.org/guidelines/guidelines/>

Identification and Management of Foot Complications in Diabetes (Part of the Guidelines on Management of Type 2 Diabetes) 2011. Melbourne Australia

Diabetic foot problems: prevention and management NICE guideline (NG19): <https://www.nice.org.uk/guidance/NG19>

D-Foot International fast track pathway: <https://d-foot.org/projects/fast-track-pathway-for-diabetic-foot-ulceration>

NADC Collaborative Interdisciplinary Diabetes HRFS Standards 2018: <https://nadc.net.au/wp-content/uploads/2019/07/HRFS-Standards-FINAL-9.7.18.pdf>